



CAREER TRANSITIONS INVENTORY ©

The Career Transitions Inventory (CTI) is a 40 item self-scoring instrument designed to assess the resources and barriers experienced by adults when they attempt to make a career change.

There are 5 scales on the inventory:

- **Readiness.** This scale assesses how willing the individual is to do things necessary to achieve goals.
- **Confidence.** This scale assesses the individual's belief in her/his ability to successfully perform career planning activities.
- **Personal Control.** This scale assesses the extent of personal control one feels regarding the career planning process.
- **Support.** This scale assesses how much support the individual is feeling related to her/his career transition.
- **Independence.** This scale measures how much the career choice is viewed as an independent one, as opposed to one made in a larger relational context.

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*Each packet comes with an interpretive booklet and article describing the CTI's development.

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