It is important that students have their strengths interpreted and/or spend time carefully going over the results. By answering some basic questions, students can reflect on their talent themes and begin to fully understand how they directly apply to their lives.

**ACTIVITY INSTRUCTIONS**

1. **Step One**  
   **Distribute Handout:** Pass out the First Reactions handout to the class and have them work in groups of two asking each other the questions listed on the paper. This is intended to get them to start thinking about strengths and how they use them.

2. **Step Two**  
   **Come Back Together:** As a large group come back together and discuss the questions. Ask students to share something they learned about their partner. Ask for input from others who share the talent theme being discussed. If students need prompting, share something you learned about yourself after reviewing your results.

3. **Step Three**  
   **Ask Follow up Questions:** In what types of settings can you apply your strengths? Why does your top strength shine above the rest? What is your favorite strength? Which of your strengths make you unique?

**CONCLUSION**

Thoughtful questions and reflection help students translate the theoretical concept of strengths into personal, concrete examples of how strengths impact their daily life.
ASK THESE QUESTIONS

1. What are your Top 5 talent themes?

2. What intrigued or surprised you about your results?

3. Which theme fits you like a glove?

4. What is an example of how this theme works in your life?